

Why the Voice is so Important for Healing

Quotes from College Course Tutors

Chrys Blanchard- “When I use my voice for sound healing, I feel more deeply connected to the person I am working with and am able to sense more intuitively what sounds are needed. I am still surprised by the sounds that can emerge, sounds I couldn't have anticipated or predetermined.”

“The voice sings me into a place where I no longer have to think and decide what sounds to make...the sounds come through me and are of something more than me. It is in this place that I feel healing takes place.”

Simon Heather - “The voice is the muscle of the soul. When we connect with our true voice it creates a connection with that deeper part of ourselves and brings us joy.”

Sue Pready - “It is said that, ‘the voice is the soul's fingerprint’ because - just like our fingerprints - our voice is unique to us and intimately connected with who we are. When we deepen our understanding of how sound healing with the voice actually works, we find numerous ways in which we can use our voice to create balance & harmony at all levels of our being. Hence, the voice is a highly practical and transformational tool for personal and spiritual development.”

Sarah Stephenson - “The voice is our greatest gift and teacher and goes right to the core of who we are. When we use our singing voice there is nowhere to hide; it exposes our vulnerability, beauty and true self. As we remove judgement about our voice, we begin to unlock our personal stories and unleash our true human potential.”

Rhiannon Becque - “The first weekend I used my voice for healing it changed my life! The pain in my back (arthritis) disappeared for three weeks and later I realised that I could use my voice myself every day to keep the pain at bay. That was 15 years ago, and I appear younger, more supple and able now, all because I discovered the healing power of the voice. And another aspect is how it is a holistic experience, so I have transformed my life emotionally and spiritually. So grateful!!!”

Lucia Sheehan - “The voice is the most natural, intuitive and aware instrument for connecting with and healing the human spirit, your own and others. It carries within it, the whole spectrum of human consciousness and experience. As beautifully as a mother's sound soothes and calms her baby's cries, our voices contain the knowing and wisdom within it to soothe and ease the disharmony in ourselves and others. It is an intuitive sense and every human being (and many animals too) have it.”

“Listening to the voice within, connecting to the universal wisdom and sounding from there is all that is required. The gift of your voice to another is a gift that goes beyond sound itself, carrying within it the sound vibration and also the sound compassion, sound wisdom and sound LOVE.”

Rob Dickerson - “When receiving a Sound Healing Treatment with the voice using their voice is an experience beyond comparison. The human voice conveys love and compassion, which is beyond anything an instrument, can provide. The feeling is one of being nurtured, safe and surrendering to the healing process.”

Chris Headland - "The voice takes us from thoughts into tone and feelings. It can be loud, soft, sweet, and harsh; the scope is so extensive. The voice is peculiar to us, our influences, our ethnicity and the area we are brought up in. The voice is a rich pageant of tonality."

"Singing is a scary prospect for a large number of people. I want to share my love of the voice and its healing qualities and enable people to love their voice. Understanding more about the power of the voice has made me cherish mine I want to share this joy with others."

Alexandra Rigazzi Tarling - "The voice is so important for healing ourselves primarily. When we become free from judgement about the sound of our voice and allow it flow freely, we remove blocks on a physical, mental and emotional level which supercharges our healing. Once the ego and critical thoughts have been removed, we can begin to access our unique vocal sound, allowing it to vibrate every cell within us, clearing energy blockages and tuning our chakras."

"Ultimately, working in this way allows our entire physical body and energetic being to vibrate as an instrument for healing for ourselves and those we work with. Healing energy can flow directly through us, through our voice and extend into any instrument we choose to work with such as a gong or singing bowl."

Andy Tyler - "The voice is our purest expression, our purest response, unmediated and unmitigated, the spark before the flame."

Hara Willow - "I find that using my voice for healing is a totally different to ways I've worked before.

The power and beauty of this method seems to come from the voice being a direct expression of the energy of my soul, allowing easy connection with another soul."

"Using my voice to interact with the subtle energy of another person creates deep intimacy; there is no hiding, I am vulnerable, fully present and open. There is no room for ego or the rational mind. The distance between my client and myself disappears and there is simply a flow of healing sound, love, peace and harmony. The client really feels that as we are both immersed in it together."

Ruby Lariamr - "The voice is the most diverse instrument, it energies and activates the healing intent. "

Faith Challinor-Wheatly - "As the voice is the audible outward carrier of the Soul's vibrational wisdom and essence of conscious expression. The human Voice has the capability of being a remarkable instrument of intuitive healing when projected with and from the heart and mind in unison."

Mike Barron - "When I first experienced the clearing, healing effect of the Sound Healing course it became apparent that our healing intentions coupled with the voice is our fundamental connection to that which heals. The voice connects us through the silence to a pool of infinite possibilities of re-balancing for ourselves and others."

Blu Cottam - "Our voice can be fine tuned to be a most perfect musical instrument for Sound Healing. The breath is a key part of why, since each breath we take is charged with prana, the vital life force energy. Vitalised breath carries each sound we make, giving creative power to our words with their underlying intentions."

“With a loving heart, healing intention and a pure voice we become able to deliver on the waves of our breath what can be seen as a form of natural, vibrational, sonic medicine, in exactly the right dosage to serve the highest good of the person receiving the treatment. Our voice truly is precious and can be used in this sacred way.”

Steven Ash - “Singing is my way of going fishing, casting my baited hook into the great unknown. What do I experience so far in my life of 66 years that makes me happy, purposeful and real as a living being? Singing is not just a spiritual happening, its very emotional and physical, it keeps me digging, swimming and exploring my inner world in relationship to my outer reality, singing is my most powerful life adventure.”