



### BioSonic Tuning Forks

The College of Sound Healing recommends the BioSonic range of tuning forks. These tuning forks are made in the USA from space grade aluminium. We would definitely not recommend the cheap tuning forks made in India or China that are available on the internet. These tuning forks are made by pouring hot metal into a mould and are very poor quality.

Machined forks made by BioSonics are cut from a single piece of metal. The Chinese- and Indian-made tuning forks do not produce the pure harmonics that the BioSonic Tuning Forks do. We also recommended tuning forks made in the USA by Medivale and Omnivos and the tuning forks developed by Biofield Tuner, Eileen McKusick.

### Other Tuning Forks

There is a wide range of healing tuning forks available on the market. These include – Solar Harmonic Spectrum Set, Solfeggio Tuning Forks, Angel Tuners, Crystal Tuners and Brain Tuners.

Special rubber balls can be attached to the stems of the tuning forks. The rubber ball end of the tuning fork is placed on the person's body making the treatment more comfortable for them.

### Sound Healing Treatment

A sound healing treatment may combine the use of tuning forks, vocal toning over the body and the use of other instruments such as gongs and Himalayan bowls. If people find the tuning fork treatment helpful they can buy or borrow the tuning forks for use on themselves. 

## Find out more

- Simon Heather is the founder of the College of Sound Healing. The College of Sound Healing is a non-profit making organisation dedicated to promoting sound healing in the UK. Simon has an extensive background in the healing arts and is a qualified acupuncturist, sound healer and body-worker. He has studied with some of the world's leading spiritual teachers and sound healers.

- [simonheather.co.uk](http://simonheather.co.uk)
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